

# The Porvenir Times

International College of Seville Newsletter, July & August 2018  
SPECIAL SUMMER EDITION



*June Term Cultural Visit with Professor Judy Cotter.*

## In our Summer Issue:

### TRIPS & CULTURAL VISITS

SEE THE DIFFERENT GUIDED TOURS  
OUR INTENSIVE JUNE PROGRAM  
STUDENTS HAVE TAKEN IN SEVILLE,  
SPAIN AND ABROAD.

### SUMMER TERM GOODBYE PARTY

TAKE A LOOK AT THE FESTIVITIES  
WE HAD TO SEND OFF OUR  
STUDENTS.

### EXTRACURRICULAR ACTIVITIES

SEE ALL THE PICTURES FROM OUR  
SEVILLANAS & COOKING CLASSES.

### UPCOMING NEWS

READ ABOUT WHAT'S NEW AND  
COMING AT THE ICS THIS FALL  
SEMESTER.

## STUDENT CORNER

"VEGAN WHILE ABROAD" BY RACHEL  
CRAWFORD, & "MOROCCO: A TRIP  
TO ALWAYS REMEMBER" BY ALYSSA  
MCCAULEY.

To view all of our student blogs  
visit: [ics-seville.org/blogs](http://ics-seville.org/blogs)



*During our visit to the Moroccan blue city of Chefchaouen.*

# End of the Summer Term Party

[CLICK HERE TO VISIT OUR FACEBOOK FOR MORE PICTURES AND DETAILS](#)



# Vegan While Abroad.

Let's talk about the V-word... **Veganism**. **Veganism is the practice of abstaining from the use of animal products. What makes Veganism different from Vegetarianism is that Vegans omit animal byproducts (milk, eggs, etc.) from one's diet, thus refraining from animal products**



Vegetarian Paella.



Rachel with María José, ICS Cooking instructor.

A lifestyle like this can definitely lead to complications when eating outside of home, mostly if one is studying abroad. I, myself, was a bit scared about the idea of trying to make Veganism work while living in a country like Spain, a country known for dishes with pork, *jamón*, and many other heavy non-plant-based ingredients. Though I knew that Veganism was almost non-existent in Spain, I was not going to let that ruin my experience. And I can tell you, my experience AND diet have not been ruined.

What is great about the ICS is that it does its best to accommodate your lifestyle. Once I informed them of my diet, I was told not to worry about it. I was even paired with my roommate who is vegetarian. After arriving in Seville, my host mother was in the know on what to cook. At the start, we all thought her food was going to be... well... underwhelming, but every single meal has been an absolute surprise. My roommate and I have really been amazed at how good her cooking has been. What's even cooler is that while we eat lunch she will sit down with her pen and notepad to watch a cooking show with us, so she can recreate the day's dish. She will watch it and tell us in Spanish that she would take this ingredient out or would use this ingredient instead to make it Vegan. It is pretty cool, or in *español*: *Es muy guay*.

As for tapas, my roommate and I have become very attached to patitas fritas, which are Spain's version of French fries, only better, and spinach and garbanzo beans. Spain also has ratatouille (yes, just like the movie) and sautéed mushrooms that are delicious, as well. For the ICS cooking class we even made a veggie Paella dish for us so we weren't left out. It's things like these that make study abroad even better!

If you are a Vegan or Vegetarian traveler do some research and just ask your server or program to adjust the meal to your preference. It won't always work, but remember: You are doing something that most people only dream about. Enjoy yourself even when the food gets tough!

# Morocco: A Trip to Always Remember



Fantasy dinner in Tetouan.

During our Summer term, we traveled to Morocco, Spain's southern neighbor. It was surprising to see how different Northern Africa's values, and morals are from those of Spain's. We were able to learn a lot about the culture from only a weekend, and we also saw the most incredible views. While driving to Morocco we saw open landscaped views of the incredible mountains, little built up areas, and of the rural ones.

After we were a good distance into Northern Africa, we stopped on the sandy coast beach, and went on camel rides! This was a great experience for students and faculty to laugh and spend some time relaxing! The camel ride was quite an experience; these animals are much taller than I could have imagined, and it was nice to get a better view of the beach, while being carried around. Once the camel ride was finished, we stopped at the meeting point of the Mediterranean Sea with the Atlantic Ocean.

We spent our two days in Morocco not only sightseeing, but also shopping for handmade fabric tapestries, headscarves, and rugs made by local women and authentic leather. We practiced not only our Spanish skills, but our negotiating skills, as well. We had a fun time working the prices down on goods, and trying to score great deals. The best part of my Moroccan experience was definitely the shopping because I was able to get lots of good items to bring back home.

Once we returned to Sevilla, it was time to begin to prepare for final exams. How quickly the month passed. *Hasta siempre Sevilla*, my roommate, all of my friends, and to all of ICS faculty and Staff! *Gracias por todo!*



Camel-riding in Tangiers.

# TOURING A CITY RICH IN HISTORY

*Guided tours by Professors John Boyle, Judy Cotter, Susana Jakfálvi and Miguel Peyró*



Click on pictures to see Facebook albums.

## THE ALCÁZAR PALACE

The Alcázar was built by Castilian Christians on the site of a Muslim residential fortress. It is a preeminent example of Mudéjar architecture in the Iberian Peninsula and is universally renowned as one of the most beautiful. It is also the oldest royal palace still in use in Europe.

## THE ANCIENT JEWISH QUARTERS

The Barrio Santa Cruz is in the oldest part of the city of Seville, being within the city walls built by the Romans in the 1st century BC. In these typically picturesque quarters are unique examples of Jewish, Islamic and Christian art and architecture.

## THE CATHEDRAL

After its completion in the early 16th Century, the Seville Cathedral became the largest Gothic church in the world. Built on the site of the former Muslim Great Mosque, it houses most impressive works of sacred art and magnificent architectural elements.

## THE CASTLE OF ST. GEORGE

The Castle of St. George was a medieval fortress used for centuries as headquarters of Seville's Inquisition Tribunal. At present, it stands alongside the Triana market and houses a museum which honors victims of repression throughout the world.

# VISITING MOROCCO & CORDOBA

*Exploring parts of Spain and Africa in our one-month  
Intensive Culture & Language program.*



## MOROCCO

Two nights in Morocco in which we visited the towns of, Tangiers, Tetuan and Chefchaouen.

## CÓRDOBA

A day spent visiting the Ancient Muslim Mosque, the medieval Jewish quarters and one of the most charming towns of Spain.



**EXTRACURRICULAR  
ACTIVITIES AT  
THE ICS**

*Sevillanas Dance  
and  
Spanish Cooking Classes*

**CLICK ON THE PICTURES TO SEE FACEBOOK ALBUMS.**



**SEVILLANAS I**



**SEVILLANAS II**



**SEVILLANAS III**



**PAELLA I**



**PAELLA II**



**PAELLA III**



**TORTILLA I**



**TORTILLA II**



**TORTILLA III**

# FALL AT THE ICS

## Student arrival

We will welcome students at the ICS on Wednesday, September 19 for the Fall semester.

See you then!!



## Welcome Week

Get ready, Fall students, for a fun-filled week of activities that will not only introduce you to your new city and classmates, but will make you feel right at home!



Follow us to stay updated and visit our website to learn more about our programs!



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