

The Porvenir Times

International College of Seville Newsletter, November 2019



Cultural Visit to the ancient Roman city of Itálica.

IN OUR NOVEMBER ISSUE:

TRIPS & CULTURAL VISITS

Learn all about the different guided tours our Fall students have taken during month of October in Seville.

EXTRACURRICULAR ACTIVITIES

See pictures from our Paella cooking classes & Sevillanas dance instruction.

HALLOWEEN

See the festivities we celebrated.

UPCOMING NEWS

Read about what's new and coming at the ICS this month.

STUDENT CORNER

"Important Lessons from Studying Abroad", by College of Mount Saint Vincent student, Mia Peters.



Enjoying the day in excellent company in Itálica.

To view all of our student blogs visit: ics-seville.org/blogs

Halloween at the ICS

[Click here to visit our Facebook for more pictures and details](#)



Important Lessons from Studying Abroad



Weekend trip to Cádiz, with my friend Isabelle.

While I expected to fall madly in love with Seville and all that this beautiful city has to offer, I vividly remember the days preceding my arrival in Spain and second guessing my decision to study abroad. The months prior to my departure were filled with excitement for the adventure to come, but as the days I had left in the comfort of home became numbered, I became increasingly terrified of traveling alone for the first time in my life to live an ocean away from the only home I had ever known. At the airport I felt my chest tighten and my eyes fill with tears as I said goodbye to my father knowing that I would not be able to hug him again for another three months. I was fearful of being away from my loved ones at home and of having to make new friends in Spain. Part of me felt guilty for being so distraught

I felt as though I was taking this amazing once-in-a-lifetime opportunity for granted. To ease my mind, I reached out to several friends of mine that had also studied abroad. I felt relieved to hear that they also experienced the same feelings I was experiencing, and that those feelings would be short lived. They shared so many kind words of encouragement and insisted that the next three months would be the best of my life. Nearly one month into my study abroad experience, I can say with complete certainty that they were right.



Visit to the Alhambra palace.

The act of studying abroad alone has taught me far more than I could have ever learned in a classroom. The most important of these lessons has been that all of the greatest things life has to offer us exist beyond our comfort zones. If I could tell the version of myself that was afraid to study abroad out of fear of being alone what I know now, I would tell her first to fall in love with her own company.

As cliché as it sounds, having the confidence to be unapologetically yourself is essential in achieving personal growth and living life to the fullest. I would also tell her that everyone else in her program was also scared to leave home at some point, and while that shared feeling would bring them all together, branching out and befriending locals would make her some of the most meaningful connections she will ever have. Making friends is never as difficult as we often think it is. Being confident enough in myself to create meaningful relationships not only with others but with myself as well has opened so many doors for me and I owe it all to my study abroad experience.



Celebrating Halloween with friends.

VISITING A CITY RICH IN HISTORY

Guided tours by Professor John Boyle.



Click on pictures to see Facebook albums.

ANCIENT ROMAN CITY OF ITÁLICA

The city of Itálica, located in the outskirts of Seville, was the birthplace of the Roman emperors Trajan and Hadrian. Founded in 206 BC, it was one of the earliest Roman settlements in Spain. There are remarkable mosaics, an impressive amphitheater and archeological remains that give more than a glimpse of life during the Roman Empire.

THE CATHEDRAL

After its completion in the early 16th Century, the Seville Cathedral became the largest Gothic church in the world. Built on the site of the former Muslim Great Mosque, it houses most impressive works of sacred art and magnificent architectural elements. Legend has it that those who designed the Cathedral of Seville claimed "Let us build a church so beautiful and so grand that those who see it finished will think we were mad".

VISITING THE BREATHTAKING CITY OF GRANADA

Touring a compelling city of serene Islamic architecture and Arab-flavored street life at the foot of the Sierra Nevada .



On our two day and one night trip we visited the magnificent Arabian palace of La Alhambra, the last stronghold of the Spanish Moors and their legacy. It is sprawled along a wooded hilltop with the dark Sierra Nevada mountains looming in the background. Our visit also included the historic neighborhood of El Albaycín, the Royal Chapel where we visited the tomb of King Fernando and Queen Isabel, and the Carthusian Monastery with its blinding display of opulent Baroque decor.

Spanish Cooking

Classic Mixed Paella



In a festive atmosphere our students learned how to make Spain's best known and most loved dish: La Paella. Although the ingredients of Paella can vary from one chef to another, ours was the Classic Mixed version, with chicken, squid and shrimp. For our vegetarian students, we also made a vegetable Paella. Delicious for all! Next month's class will be dedicated to the "Tortilla Española", or the Spanish Potato Omelette.



Sevillanas Dance

Flamenco



Our students learned how to dance "Sevillanas", a style of Flamenco that is the most typical dance of Seville and the best known folk dance from Spain. In our Goodbye party we will have Flamenco dresses and accessories for our students to try on so they can dance like authentic "Sevillanas"!

UPCOMING AT THE ICS

Cultural Visit.

During this month we will have the guided visit to the Museum of Fine Arts.



Córdoba.

A visit to the Ancient Muslim Mosque, the medieval Jewish quarters, and the summer palace of the Catholic Monarchs.

Morocco.

Three days and two nights visiting the cities of Tangiers, Tetouan and the "Blue Pearl of Morocco" which is Chefchaouen.



Follow us to stay updated and visit our website to learn more about our programs!



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